

**This Week's Study Guide**  
February 21st 2021 ~ 1st Sunday of Lent

***Realignment - Part 1***  
***Turning Things Around***

The Rev. Dr. Robert de Wetter

1 - Robert shared a couple of questions he asked people recently. Take some time to answer those questions. If the last year was a road, what kind of road would it be and why? If you were a car on such a road, how have you, the car, been affected by the road you've been on?

2 - Robert shared that many of us have areas or relationships or situations in our lives we would like to turn around. Can you name a few things you'd like to turn around?

3 - Robert discussed that to turn things around we need to name what it is, claim what it is, and then work to rectify whatever it is. So for example, "I've been feeling negative. I want to change feeling this way. Now, with God's help, what am I going to do?"

4 - The word repentance means to turn around. Repentance can be a gift because when we repent, when we are honest with ourselves and God, we put ourselves in a position to be freed from whatever it is. Repentance is all about naming, claiming and rectifying. Can you think of an example of when you named and claimed something you wanted to turn around, what you did to do so, and now how you feel about that situation?

Take some time talking and listening to God in a spirit of prayer about what you would like to turn around. Ask God for help. Spend some time in silence listening for God's nudgings.